

**UNIVERSITY OF SPLIT
FACULTY OF KINESIOLOGY
CROATIAN INSTITUTE FOR KINESIOLOGY AND SPORT**

3. Days of kinesiology 2017.

Croatian science foundation Project No 6524: Anaerobic capacities in kicking combat sports

Saturday, October 28, 2017, classroom 8 - Teslina 10

Scientific workshop: "The Paradigm of Anaerobic Capacity and Anaerobic Power"

Session 1: Oral presentations 09:00 - 12:00

Prof. Alessandro M. Zagatto (Sao Paulo State University): "Anaerobic capacity and Anaerobic power: the past - the present - the future"

Prof. Johnny Padulo (University of Split):
"Anaerobic capacity during the run test"

Prof. Fabio Y. Nakamura (Università degli Studi G.D'Annunzio Chieti-Pescara):
"Aerobic and anaerobic demands in Futsal players"

Session 2: Cyclo ergometer "Excalibur Sport" demonstration 12:00 - 13:00

Alessandro M. Zagatto with Lode partnership

Session 3: Field test "FIET test" on futsal players 13:00 - 14:00

Fabio Y. Nakamura

